

PREGNANCY MEDICATION LIST

It is recommended that you take NO medications during first trimester unless medically indicated.

This list is also available on our website for your use while traveling.

MEDICATION NAME	1 st Trimester 1-13 Weeks	2 nd Trimester 14-27 Weeks	3 rd Trimester 28-40 Weeks	Lactation 0-6 mths	Lactation 6-12 mths	Lactation 12+ mths
ANTACIDS / REFLUX (see also indigestion/gas)						
Plain Maalox, Mylanta, tums, Rolaids	Yes	Yes	Yes	Yes	Yes	Yes
Pepto-Bismol (bismuth subsalicylate)	Yes	No	No	Yes	Yes	Yes
Pepcid (famotidine)	Yes	Yes	Yes	Yes	Yes	Yes
Tagamet (cimetidine)	Yes	Yes	Yes	Yes	Yes	Yes
Aciphex (rabeprazole) RX	Yes	Yes	Yes	Yes	Yes	Yes
Nexium (esomeprazole) RX	Yes	Yes	Yes	Yes	Yes	Yes
Prevacid (iansoprazole) RX	Yes	Yes	Yes	Yes	Yes	Yes
Prilosec (omeprazole)	Yes	Yes	Yes	Yes	Yes	Yes
Protonix (pantoprazole) RX	Yes	Yes	Yes	Yes	Yes	Yes
ANTIBIOTICS (all RX)						
Amoxicillin, Ampicillin RX	Yes	Yes	Yes	Yes	Yes	Yes
Augmentin (amoxicillin+clavulanate) RX	Yes	Yes	Yes	Yes	Yes	Yes
Bactrim (trimethoprim/sulfamethoxazole) RX	Yes	Yes	No	Yes	Yes	Yes
Cipro (ciprofloxacin) RX	Yes	Yes	Yes	Yes	Yes	Yes
Levaquin (Levofloxacin) RX	Yes	Yes	Yes	Yes	Yes	Yes
Clindamycin RX	Yes	Yes	Yes	Yes	Yes	Yes
Doxycycline RX	No	No	No	Yes	Yes	Yes
Erythromycin RX	Yes	Yes	Yes	Yes	Yes	Yes
Keflex (cephalexin) RX	Yes	Yes	Yes	Yes	Yes	Yes
Macrobid, Macrochantin (nitrofurantoin) RX	Yes	Yes	No	Yes	Yes	Yes
Flagyl (metronidazole) RX	Yes	Yes	Yes	Yes	Yes	Yes
Tetracycline RX	No	No	No	Yes	Yes	Yes
ANIT-DEPRESSANTS						
Discuss with Provider						

MEDICATION NAME	1 st Trimester 1-13 Weeks	2 nd Trimester 14-27 Weeks	3 rd Trimester 28-40 Weeks	Lactation 0-6 mths	Lactation 6-12 mths	Lactation 12+ mths
NO Paxil (paroxetine)	No	No	No			
ANTI-DIARRHEALS (diarrhea)						
Imodium Capsules (loperamide)	Yes	Yes	Yes	Yes	Yes	Yes
Kaopectate, and Pepto- Bismol (bismuth subsalicylate)	Yes	No	No	Yes	Yes	Yes
Metamucil	Yes	Yes	Yes	Yes	Yes	Yes
ANTI-EMETICS (nausea)						
Diclegis RX	Yes	Yes	Yes			
Doxylamine (Unisom sleep tabs)	Yes	Yes	Yes	Yes	Yes	Yes
Kytril or Sancuso (granisetron) RX	Yes	Yes	Yes	Yes	Yes	Yes
Phenergan (promethazine) RX	Yes	Yes	Yes	Yes	Yes	Yes
Reglan (metoclopramide) RX	Yes	Yes	Yes	Yes	Yes	Yes
Zofran (ondansetron) RX	Yes	Yes	Yes	Yes	Yes	Yes
ANTIFUNGALS (Yeast)						
Nystatin RX	Yes	Yes	Yes	Yes	Yes	Yes
Diflucan (fluconazole) RX	Yes	Yes	Yes	Yes	Yes	Yes
Gynazole 1 (butoconazole) RX	Yes	Yes	Yes	Yes	Yes	Yes
Gyne-Iotrimin 3 or 7 days (clotrimazole)	Yes	Yes	Yes	Yes	Yes	Yes
Monistat 1 day (miconazole, ticlozazole) Not Preferred	Yes	Yes	Yes	Yes	Yes	Yes
Monistat 3or 7 day (miconazole)	Yes	Yes	Yes	Yes	Yes	Yes
Terazol	Yes	Yes	Yes	Yes	Yes	Yes
ANTI-HISTAMINES / DECONGESTANTS / COUGH / COLD						
Allegra (fexofenadine) RX	Yes	Yes	Yes	Yes	Yes	Yes
Afrin Nasal Spray (oxymetazoline)	No	No	No	No	No	No
Benadryl (diphenhydramine)	Yes	Yes	Yes	Yes	Yes	Yes
Chlor-trimeton (chlorpheniramine)	Yes	Yes	Yes	Yes	Yes	Yes

MEDICATION NAME	1 st Trimester 1-13 Weeks	2 nd Trimester 14-27 Weeks	3 rd Trimester 28-40 Weeks	Lactation 0-6 mths	Lactation 6-12 mths	Lactation 12+ mths
Clarinet, alavert (loratadine)	Yes	Yes	Yes	Yes	Yes	Yes
Cough Drops	Yes	Yes	Yes	Yes	Yes	Yes
Flonase	Yes	Yes	Yes	Yes	Yes	Yes
Mucinex (guaifenesin)	Yes	Yes	Yes	Yes	Yes	Yes
Mucinex-D (guaifenesin+pseudoephedrine)	Yes	Yes	Yes	Yes	Yes	No
Phenylephrine	Yes	Yes	Yes	Yes	Yes	Yes
Robitussin Cough, Delsym (dextromethorphan)	Yes	Yes	Yes	Yes	Yes	Yes
Robitussin CF cough&Cold (dextromethorphan+ guaifenesin+ phenylephrine)	Yes	Yes	Yes	Yes	Yes	Yes
Robitussin DM (dextromethorphan + guaifenesin)	Yes	Yes	Yes	Yes	Yes	Yes
Sudafed (pseudoephedrine)	Yes	Yes	Yes	Yes	Yes	No
Zicam (Follow Instructions carefully)	Yes	Yes	Yes	Yes	Yes	Yes
Zyrtec (cetirizine)	Yes	Yes	Yes	Yes	Yes	Yes
ANTIVIRALS						
Tamiflu (oseltamivir)	Yes	Yes	Yes	Yes	Yes	Yes
Famvir (famciclovir) RX	Yes	Yes	Yes	Yes	Yes	Yes
Valtrex (valacyclovir) RX	Yes	Yes	Yes	Yes	Yes	Yes
Zovirax (acyclovir) RX	Yes	Yes	Yes	Yes	Yes	Yes
INSOMNIA						
Benadryl (diphenhydramine)	Yes	Yes	Yes	Yes	Yes	Yes
Cal / Mag	Yes	Yes	Yes	Yes	Yes	Yes
Unisom (doxylamine)	Yes	Yes	Yes	Yes	Yes	Yes
Sominex (diphenhydramine)	Yes	Yes	Yes	Yes	Yes	yes
Natural Calm Magnesium Powder	Yes	Yes	Yes	Yes	Yes	Yes
INDIGESTION / GAS						
Papain (papaya enzyme)	Yes	Yes	Yes	Yes	Yes	Yes
Bromelain (pineapple enzyme)	Yes	Yes	Yes	Yes	Yes	Yes
Digestive Enzymes	Yes	Yes	Yes	Yes	Yes	Yes
Gas X (Simethicone)	Yes	Yes	Yes	Yes	Yes	Yes

MEDICATION NAME	1 st Trimester 1-13 Weeks	2 nd Trimester 14-27 Weeks	3 rd Trimester 28-40 Weeks	Lactation 0-6 mths	Lactation 6-12 mths	Lactation 12+ mths
Phazyme (Simethicone)	Yes	Yes	Yes	Yes	Yes	Yes
Mylicon (Simethicone)	Yes	Yes	Yes	Yes	Yes	Yes
CONSTIPATION / LAXATIVES / STOOL SOFTENERS						
Citrucel (methyl cellulose powder)	Yes	Yes	Yes	Yes	Yes	Yes
Colace (docusate sodium)	Yes	Yes	Yes	Yes	Yes	Yes
Dulcolax Tablets (bisacodyl)	Yes	Yes	Yes	Yes	Yes	Yes
Metamucil / Konsyl	Yes	Yes	Yes	Yes	Yes	Yes
Lactulose RX	Yes	Yes	Yes	Yes	Yes	Yes
Milk Of Magnesia	Yes	Yes	Yes	Yes	Yes	Yes
Miralax (PEG)	Yes	Yes	Yes	Yes	Yes	Yes
Natural Calm Magnesium Powder	Yes	Yes	Yes	Yes	Yes	Yes
Senokot	Yes	Yes	Yes	Yes	Yes	Yes
PAIN / FEVER / HEADACHE						
Aleve (naproxen sodium)	No	Yes	No	Yes	Yes	Yes
Aspirin (81mg)	Low dose ONLY if REC	If Prescribed by Provider	If Prescribed by Provider	Yes	Yes	Yes
Motrin, advil (ibuprofen)	No	Yes	No	Yes	Yes	Yes
Tylenol (acetaminophen)	Yes	Yes	Yes	Yes	Yes	Yes
Tylenol with Codeine RX	Recommended dose only	Recommended dose only	Recommended dose only	No	No	No
TOPICAL CREAMS / OINTMENTS						
Benadryl, hydrocortisone, caladryl	Yes	Yes	Yes	Yes	Yes	Yes
Retin A	No	No	No	Yes	Yes	Yes
Salicylic Acid	No	No	No	Yes	Yes	Yes
Benzoyl Peroxide	Yes	Yes	Yes	Yes	Yes	Yes

* This information comes from the app Infant Risk Center from Texas Tech University Health Sciences Center. You can find expanded information on this app or by going to infantrisk.com. Mothers with illnesses or who need surgery have found this app very helpful.